

Friday 28 May 2021

Day 1: Headache, articular and motor assessment of upper cervical spine disorders.

<i>Time</i>	<i>Title</i>	<i>Format</i>
8:30	Registration	
Section 1: Overview, differential diagnosis of headache, articular assessment		
8:45	Introduction	
9:00	1. Overview: The upper cervical spine, triage diagnosis, exclusion of red flags.	Interactive lecture A/Prof Trudy Rebbeck
9:30	2. Differential diagnosis of headache	Interactive lecture A/Prof Trudy Rebbeck
10:30	Morning tea	
11:00	3. Advanced assessment of the upper cervical spine: Headache focus. Cervical arterial disease (CAD) screening, Differential diagnostic screening and tests (eg FRT, TMD, TTH, CGH screening tests)	Practical A/Prof Trudy Rebbeck/ Michael Ryan
12:00	4. Advanced manual therapy assessment: Upper cervical spine: upslopes/ downslopes and selected MWM's	Practical A/Prof Trudy Rebbeck/ Michel Ryan
1:00	Lunch	
Section 2: Assessment and training of motor performance in the upper cervical spine		
1:45	5. Lecture: Functional, Postural and regional assessment of the neck	Lecture/ Dr Shaun O'Leary
2:45	6. Advanced assessment and training of anterior neck muscles	Lecture /Practical Dr Shaun O'Leary
3:45	Afternoon tea	
4:00	7. Advanced assessment and training of posterior neck muscles	Lecture/ Practical Dr Shaun O'Leary
5:00	Close	

Educators

Trudy Rebbeck FACP PhD
Michael Ryan FACP

Educators

Darren Beales FACP PhD
Robert Boland FACP PhD
Mary Magarey FACP PhD

Educators

Shaun O'Leary FACP PhD
Natalie Pulsford FACP
Roxanne Azoozy FACP

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Saturday 29 May 2021

Day 2: Motor assessment, complex upper cervical disorders: whiplash TMD

<i>Time</i>	<i>Title</i>	<i>Format</i>
Section 2 ctd: Assessment and training of motor performance in the upper cervical spine		
9:00	7 ctd Assessment and training of posterior neck muscles 8. Assessment and training of axioscapular muscles	Lecture/Practical Dr Shaun O'Leary
10:30	Morning tea	
11:00	8. ctd Assessment and training of axioscapular muscles	Lecture/Practical Dr Shaun O'Leary
Section 3: Complex upper cervical disorders: whiplash and TMD		
12:00	9.TMD Assessment and management	Lecture/Practical Dr Shaun O'Leary
1:30	Lunch	
2:15	10. Overview of assessment and management of whiplash. Includes incidence, prevalence, prognosis, risk assessment, valid measures of outcome, evidence based management and clinical pathways	Interactive lecture A/Prof Trudy Rebbeck
3:15	11. Assessment and interpretation of pain sensitivity in cervical spine disorders: Including pressure hyperalgesia, cold hyperalgesia, conditioned pain modulation. Cortical neck schema changes in cervical spine disorders.	Practical A/Prof Trudy Rebbeck
4:00	Afternoon tea	
4:30	12. Differential diagnosis of dizziness	Interactive Lecture A/Prof Trudy Rebbeck
5:15	Close	

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Sunday 30 May 2021

Day 3: Dizziness and putting it together

<i>Time</i>	<i>Title</i>	<i>Format</i>
Section 4: Dizziness: assessment and management		
8:30	13. Clinical examination of the patient with vertigo/dizziness - the vestibular system examination. (to include oculomotor examination, Hallpike, supine roll tests, Halmagi test)	Lecture/ Practical Natalie Pulsford
9:30	14. Management of the vestibular patient	Natalie Pulsford
10:30	Morning tea	
11:00	14. continued	
11:30	15. Assessment and management of cervicogenic dizziness. Sensorimotor control: joint position error, eye control, balance.	Practical with interactive clinical reasoning using case study
12:00	Progression of treatment for the dizzy patient (focus on sensorimotor rehab)	
1:00	Lunch	
Section 5: Putting it all together		
1:45	16. Live Patient assessment with clinical reasoning	A/Prof Trudy Rebbeck
3:15	Afternoon tea	
3:45	17. Management of the complex and chronic upper cervical spine patient.	Interactive discussion using case studies A/Prof Trudy Rebbeck
5:00	Close	

NB All times and order are subject to change at the presenters' discretion.

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